



# 2<sup>nd</sup> London Rhythmic Gymnastics Championship

28-29th April 2018

*Version 3*



*Dear Rhythmic Gymnastics Clubs and Fans,*

*It is with deepest pride and greatest pleasure that we invite you to participate in the **2<sup>nd</sup> London Rhythmic Gymnastics Championship** to be held on the **28-29<sup>th</sup> April 2018** in University of East London SportsDock.*

*The London Rhythmic Gymnastics Championship is aimed at bringing together all clubs in London with the purpose to demonstrate the sheer beauty and elegance of our sport and to encourage its growth and development within the region and beyond.*

*The organizers will do their best to create a friendly atmosphere for all competitors and viewers, and encourage gymnast to support their fellow teammates. It is the first time we have introduced a regional ranking framework, which will determine the winner of our special award: **“Best London RG Club 2018”**.*

*We wish that all participants truly enjoy this event and we hope to create some unforgettable memories!*

*We look forward to seeing you in February.*

*London Rhythmic Gymnastics Technical Committee*



# EVENT INFORMATION

|                                       |   |
|---------------------------------------|---|
| REGISTRATION WINDOW                   | 23 March - 3 April 2018 (Entry deadline 8pm)   GYMNET <ul style="list-style-type: none"><li>All Level 3 Gymnasts who will not perform at Grades should be registered as Level 3.</li><li>All Level 3,4 &amp; 5 gymnasts who will perform at Regional Grades should be registered as category "Grades" on GYMNET. Gymnasts will be segregated in their correct level by the competition organisers once results from Grades are available.</li></ul>   |
| MUSIC SUBMISSION<br><i>(deadline)</i> | 20:00 GMT 11 April 2018   GYMNET  |
| ENTRY FEE<br><i>(per gymnast)</i>     | £15 per routine<br><i>Refunds will not be provided if a gymnast does not perform at the competition.</i>  |
| ROUTINES LIMIT                        | A maximum of 320 routines can be entered for this competition and first come-first served approach will be applied. Each club can enter maximum 40 routines. Once entry is submitted, clubs who would like to perform more than 40 routines can create a waiting list in GYMNET via request to <a href="mailto:londonrgchair@gmail.com">londonrgchair@gmail.com</a> . If spaces become available, for routines on the waiting list, the clubs will be invited to submit their entry between 4 <sup>th</sup> -6 <sup>th</sup> April. |
| LOCATION                              | University of East London SportsDock  |
| PARKING                               | Free parking - over 400 spaces available  |
| FOOD                                  | There is a café at the leisure centre selling hot and cold food and beverages   |
| TICKETS                               | Spectator tickets will be available on the day  |



# COMPETITION INFORMATION

## MEMBERSHIP

- All clubs must be affiliates of London Gymnastics and registered with British Gymnastics.
- All gymnasts must hold current BG membership to the stated level and be a member of an LG affiliated BG club.
- All coaches must hold current and correct levels of BG membership and qualifications.
- All judges must hold current BG membership and current judging qualification. Clubs must provide a qualified judge or need to pay £50 levy without exception at the time of entry.

## PHOTOGRAPHY

By entering an LG event, there is an acceptance that the participant may be photographed and the photograph may be published by LG. Photos and videos may only be taken and used in accordance with the BG Child Protection Policy. Where the Competition Organiser believes that a person taking or assisting in the taking of photos/videos is in breach of these conditions he or she may require that person to leave the venue. Photos may not be used, distributed or copied for commercial purposes. Flash may not be used at any time while gymnasts are warming up or competing.

## CONTACTS

- London RG Chair: londonrgchair@gmail.com
- Competition Organiser: kristina.ondon@yahoo.com
- Judge Coordinator: dyordanova84@yahoo.com



# COMPETITION INFORMATION



<sup>1</sup> Apparatus breakdown per category is provided on slides 6 & 7



# APPARATUS TABLE (PART 1)

|            |               |     |         |                |                    | 24/25-Feb-18 |                 | 28/29-Apr-18         |
|------------|---------------|-----|---------|----------------|--------------------|--------------|-----------------|----------------------|
| Categories | Year of Birth | Age | Grade   | Level          | Number of Routines | Apparatus 1  | Apparatus 2 & 3 | Apparatus 1          |
| BENJAMIN   | 2011          | 7   | Grade 2 | 0              | max 1 Routine      | Free         |                 | Free                 |
|            |               |     |         | 1              | max 1 Routine      | Free         |                 | Free                 |
|            |               |     |         | 2              | max 1 Routine      | Free         |                 | Free                 |
|            | 2010          | 8   | Grade 3 | 0              | max 1 Routine      | Free         |                 | Free                 |
|            |               |     |         | 1              | max 1 Routine      | Free         |                 | Free                 |
|            |               |     |         | 2              | max 1 Routine      | Free         |                 | Free                 |
|            |               |     | 3       | max 2 Routines | Free               | Rope         | Free/Rope       |                      |
| ESPIOR     | 2009          | 9   | Grade 4 | 0              | max 1 Routine      | Free         |                 | Free                 |
|            |               |     |         | 1              | max 1 Routine      | Free         |                 | Free                 |
|            |               |     |         | 2              | max 1 Routine      | Free         |                 | Free/Rope            |
|            |               |     |         | 3              | max 2 Routines     | Free         | Ball or Rope    | Free/Ball/Rope/Hoop  |
|            |               |     |         | 4              | max 2 Routines     | Free         | Rope            | Free/Rope            |
|            |               |     |         | 5              | max 2 Routines     | Free         | Rope            | Free/Rope            |
|            | 2008          | 10  | Grade 5 | 0              | max 1 Routine      | Free         |                 | Free/Hoop            |
|            |               |     |         | 1              | max 1 Routine      | Free         |                 | Free/Hoop            |
|            |               |     |         | 2              | max 1 Routine      | Free         |                 | Free/Hoop            |
|            |               |     |         | 3              | max 2 Routines     | Free         | Ball or Rope    | Free/Ball/Rope       |
|            |               |     |         | 4              | max 2 Routines     | Free         | Rope            | Free/Rope            |
|            |               |     |         | 5              | max 2 Routines     | Free         | Rope            | Free/Rope            |
|            | 2007          | 11  | Grade 6 | 1              | max 1 Routine      | Hoop         |                 | Hoop                 |
|            |               |     |         | 2              | max 1 Routine      | Hoop         |                 | Hoop                 |
|            |               |     |         | 3              | max 2 Routines     | Ball         | Clubs           | Free/Ball/Rope/Clubs |
| 4          |               |     |         | max 2 Routines | Ball               | Clubs        | Ball/Clubs      |                      |
| 5          |               |     |         | max 2 Routines | Ball               | Clubs        | Ball/Clubs      |                      |



# APPARATUS TABLE (PART 2)

|                |                |             |             |                |                    | 25-Feb-18    |                   | 29-Apr-18              |
|----------------|----------------|-------------|-------------|----------------|--------------------|--------------|-------------------|------------------------|
| Categories     | Year of Birth  | Age         | Grade       | Level          | Number of Routines | Apparatus 1  | Apparatus 2 & 3   | Apparatus              |
| PRE - JUNIOR   | 2006           | 12          | Grade 7     | 1              | max 1 Routine      | Hoop         |                   | Hoop                   |
|                |                |             |             | 2              | max 1 Routine      | Hoop         |                   | Hoop                   |
|                |                |             |             | 3              | max 2 Routines     | Ball         | Rope or Ribbon    | Ball/Rope/Clubs/Ribbon |
|                |                |             |             | 4              | max 2 Routines     | Ball         | Ribbon            | Ball/Ribbon            |
|                |                |             |             | 5              | max 2 Routines     | Ball         | Ribbon            | Ball/Clubs/Ribbon      |
| JUNIOR         | 2005/2004/2003 | 13/14/15    | Grade 8 & 9 | 1              | max 1 Routine      | Ball         |                   | Ball                   |
|                |                |             |             | 2              | max 1 Routine      | Ball         |                   | Ball                   |
|                | 2005/2004/2003 | 13/14/15    | Grade 8 & 9 | 3              | max 2 Routines     | Ribbon       | Ball/Clubs        | Ribbon/Ball/Clubs      |
|                |                |             |             | 4              | max 2 Routines     | Ball         | Clubs/Ribbon      | Ball/Clubs/Ribbon      |
| 2005/2004/2003 | 13/14/15       | Grade 8 & 9 | 5           | max 3 Routines | Ball               | Clubs/Ribbon | Ball/Clubs/Ribbon |                        |
| SENIOR         | 2002 and older | 16+         | Grade 10    | 1              | max 1 Routine      | Hoop         |                   | Hoop                   |
|                |                |             |             | 2              | max 1 Routine      | Hoop         |                   | Hoop                   |
|                |                |             |             | 3              | max 2 Routines     | Clubs        | Hoop/Ribbon       | Clubs/Hoop/Ribbon      |
|                |                |             |             | 4              | max 2 Routines     | Clubs        | Hoop/Ribbon       | Clubs/Hoop/Ribbon      |
|                |                |             |             | 5              | max 3 Routines     | Clubs        | Hoop/Ribbon       | Clubs/Hoop/Ribbon      |

# REGIONAL RANKING

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- **Participation points:** 10 points per routine will be allocated to each club/gymnast for participation in the London Rhythmic Gymnastics Championships 2018<sup>1</sup>
- **Individual Ranking Points:** gymnasts will receive extra points if they rank 1<sup>st</sup> -8<sup>th</sup> place (Table 2).

## YEAR END

- On 9<sup>th</sup> December 2018 all points will be aggregated to determine the regional ranking of clubs and gymnasts.
- These results will be used to determine future allocation of funding and benefits for clubs and gymnasts<sup>2</sup>

| TABLE 2   | LEVEL 0 | LEVEL 1 | LEVEL 2 | LEVEL 3 | LEVEL 4 | LEVEL 5 |
|-----------|---------|---------|---------|---------|---------|---------|
| 1st Place | 10      | 18      | 26      | 34      | 42      | 50      |
| 2nd Place | 9       | 17      | 25      | 33      | 41      | 49      |
| 3rd Place | 8       | 16      | 24      | 32      | 40      | 48      |
| 4th Place | 7       | 15      | 23      | 31      | 39      | 47      |
| 5th Place | 6       | 14      | 22      | 30      | 38      | 46      |
| 6th Place | 5       | 13      | 21      | 29      | 37      | 45      |
| 7th Place | 4       | 12      | 20      | 28      | 36      | 44      |
| 8th Place | 3       | 11      | 19      | 27      | 35      | 43      |

*Note: 10 points will be given to all clubs for each routine they enter in the competition*

*Note: Special rules will be applied for categories with only one participating gymnast in Level 4 & 5 (the gymnast should score higher than the first gymnast in the lower level to get the allocated points. If the score is lower, points allocation will be benchmarked against the lower level.*



<sup>1</sup> London RG Championship Dates: 25 Feb 18, 29 Apr 18, 28 Oct 18, 9 Dec 18

<sup>2</sup> Subject to sponsorship and available budget